## WNY Stress Reduction Program

Will present a seminar on

## The Family Factor

A family focused support program

By Dr. Grady Bray

Saturday January 31, 2004

9:00am – 4:00pm Registration begins at 8:30am

Erie County
Emergency Services
Training &
Operations Center
3359 Broadway
Cheektowaga, NY 14227

This one-day program presents information on the definition, roles and functions of families and family members. It reviews research on how families cope with crisis and presents intervention strategies for each stage in the recovery process. It also details the stages for communities that experience large-scale disasters and the role of the comprehensive stress support team during and following these events. One segment of the program explores the impact of depression and suicide on families and identifies significant symptoms that indicate a referral is advisable

Communications. conflict resolution and problem solving techniques are presented from the perspective of assisting families during periods of crisis. This program is both didactic and experiential, lecture and activity based. Students are expected to participate and demonstrate the skills they have learned. Cost (includes manual): Member \$18/student Non Member \$83/student \*\*Payment must accompany your registration\*\* Agencies may become members by calling WNYSRP

Agencies may become
members by calling WNYSRF
at 681-6070
You may also call to inquire
if your agency is a current
member

## Name Address Zip City State Agency Daytime Telephone **Email Address**

Registration Form for

The Family Factor

WNYSRP, Inc. 3359 Broadway Cheektowaga, NY 14227 Attn: Kathy

Please mail to